

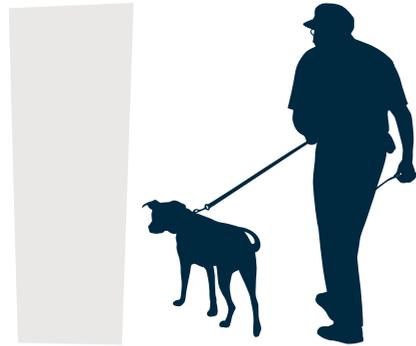
60



UPPER
HUTT

ACTIVITIES

FOR THE OVER



60s

You've told us that you'd like more information

about things to do in Upper Hutt and how to get involved so we've put together this booklet of activities for you. The booklet offers seniors (or "soon to be seniors") a handy list of local activities to get involved in. Whether it be creative endeavors, a new hobby, recreation or re-connecting with previous interests, this booklet is sure to offer something for everyone.

Staying active and involved in activities that interest you is an important way to stay healthy and keep a positive outlook on life. Many activities have a direct impact on your health, such as Tai Chi, which is proven to improve balance and reduce your chance of falls.

Most of the activities listed in this booklet involve participation with others (such as being part of a group) and are a great way to make new friends and meet people with common interests.

The activities have been categorized into sections to make it easier to find what you're after. The sections are:

- > **Get Connected! Social Networking**
- > **Music, Theatre, Art and Craft**
- > **Hobbies**
- > **Let's Get Physical**
- > **Give your Time and Skills to your Community**
- > **Brain Food**
- > **Places to Visit**

Sometimes lack of transport can make it difficult to participate in activities. A good tip is to ring the club or group you want to participate in and ask them if anyone in the group lives near you and could give you a lift to club activities. Another option is Total Mobility, a subsidized taxi service for people with disabilities where the traveler only pays half the fare. Phone **0800 801 700** for information. More information about transport options can be found on a Community Services Information Sheet. Call us on **527 2794** to find out more.

Now all you have to do is decide which activity you'll do first!

We would love your feedback! Please tell us which activities you liked, didn't like, or if there are any activities that we've missed. You can give us feedback by phoning **527 2794** or emailing community@uhcc.govt.nz

For even more ideas on what to do in Upper Hutt, go to the i-site Visitor Centre on Main Street.

Have fun!

Community Services, Upper Hutt City Council

While every effort has been made to ensure the information contained in this publication was correct at the time of printing, Upper Hutt City Council does not accept responsibility for any effects arising from use of this information.

Get Connected! Social Networking

1 > Join a 60s Up Group

There are five 60s Up groups in Upper Hutt. Most have regular meetings, outings and entertainment. For more information phone Upper Hutt CAB on **528 9040** or email cabuppht@globe.net.nz

2 > Be Part of a Spiritual Community

There are over 15 churches in Upper Hutt as well as other spiritual groups and communities. Many churches hold additional social activities. Contact Upper Hutt CAB to find something that suits you. Phone **528 9040** or email cabuppht@globe.net.nz

3 > Keep Busy with an Activity Group

The Lighthouse Drop-in Centre offers board games, cards, crafts, coffee and lunch. Open Wednesdays from 10.30am – 2.30pm at the Community Hall, Forrest Road, Pinehaven. Phone **939 0442** for more information.

The Orongomai 55+ Senior Group is open to all 55+ year olds and meets at Orongomai Marae on the 2nd and 4th Monday of the month 12pm – 2.30pm. Group members are asked to bring a small contribution for a shared lunch. The group has regular guest speakers, varied activities, Sudoku, board games, and occasional trips. \$3 per session. Phone Orongomai Marae Health Centre on **528 9409** for more information.

4 > Friendship through Community Sing-a-long

The Salvation Army holds a seniors sing-along four times a year at the Salvation Church. Phone Denise on **528 6745** for more information.

5 > Stay connected with a regular visitor or phone friend

Sometimes it's hard to find the opportunity to meet new people or make a new friend. Age Concern Accredited Visiting Service can help by matching you up with a like-minded person who will visit you in your home on a regular basis.

St John Caring Caller is a free long-term friendship service that offers those who are housebound, or live on their own, the opportunity to stay in daily contact by phone with someone who cares about them. It is not a help line it is a friendship by phone programme that both the volunteer and person being called can enjoy. Contact Age Concern Accredited Visiting Service by phone **528 3366** or email avshutt@acwellington.org.nz. Contact St John by phone **0800 780 780** or email enquiries@stjohn.org.nz

6 > Join Grey Power

Grey Power is a lobby organisation promoting the wellbeing and welfare of over 50 year olds in NZ. The Upper Hutt branch provides regular meetings and newsletters. Phone **973 4247** for more information.

7 > Neighbourhood Support

Get to know your neighbours by setting up or joining a neighbourhood support group and improve your safety at the same time! Phone **527 2351** or email nsupperhutt@paradise.net.nz for more information.

8 > Join the Seniors Action Forum

The Seniors Action Forum (SAF) is a group of people that are interested in improving outcomes for Upper Hutt seniors, sharing information and networking. The meetings have guest speakers, updates from Upper Hutt City Council, and space to share information. They are held every couple of months and are facilitated by Community Services, Upper Hutt City Council. Phone 527 2794 or email community@uhcc.govt.nz for more information.

9 > Social activities at the Cossie Club which incorporates the Upper Hutt RSA

The Upper Hutt Cosmopolitan Club offers a full range of regular activities for club members including housie, euchre etc plus entertainment, and indoor and outdoor sports. A restaurant and bar are located at the club for members' enjoyment. The Upper Hutt RSA is an independent associate of the club. For information about becoming a member of the Upper Hutt Cossie Club or for information about club activities, phone 529 0009 or email reception@cossieclubs.org.nz



Music, Theatre, Art and Craft

10 > Singing in a Choir or a Group

Joining a choir or singing group is a great way to enjoy music and make new friends. Many churches have choirs. Hutt Valley Singers Inc is a community choir that welcomes all people. They sing everything from early sacred music to folk music to twentieth century songs from musical shows. Phone Don on 970 7792 or Joanne Roelofs on 526 3091 for more information.

11 > Join a Community Theatre Group

The Heretaunga Players are a non profit community theatre society. Members get all the information about upcoming events as well as opportunities to be part of performances. Annual membership subscription costs are \$20 for seniors. Located in The Studio 52, Ward Street, Upper Hutt. Phone 528 8578 or email heretaungaplayers@gmail.com

Upper Hutt Musical Theatre is a non-profit community theatre that provides a social environment for its members and entertainment to the audiences in Upper Hutt. Located at 26a Moonshine Road. For more information phone 569 1496 or email info@uhmt.org.nz

12 > Library “Tea and Tales”

Sip a hot “cuppa” and nibble on a tasty sweet treat as members of our community provide a lively presentation of poems, stories, excerpts and anecdotes from the library collection. Guaranteed to be fun, welcoming and entertaining. Free and open to the public in the Rotary Lounge. Last Wednesday of every month (dates differ in December). Contact the Library on **527 2117** or visit the website for details www.upperhuttlibrary.co.nz

13 > Creative Crafting

Enjoy a variety of free demonstrations from local art and craft groups – many interactive. Free and open to the public in the Rotary Lounge. Second Wednesday of every month at the Upper Hutt City Library. Contact the library on **527 2117** or visit the website for details www.upperhuttlibrary.co.nz

14 > Get creative with the Grandkids

Bring the grandchildren to Expressions Arts and Entertainment Centre and enjoy doing free children’s art activities together. There’s something new to create with each new exhibition. Expressions is located at 836 Fergusson Drive, next to the City Council Administration building. Phone **527 2168** or visit www.expressions.org.nz for more information.

15 > Theatre and Music Lovers

Relax and unwind to the sound of piano when pianist Penny Brown entertains for free most Fridays from 12pm in the Rotary Foyer at Expressions. Free Expressions Live! concerts are held with New Zealand School of Music students monthly on Tuesdays. Or treat

yourself to great music or a live show in the Genesis Energy Theatre at Expressions. Contact Expressions to find out what’s on or for more information about what they offer. Phone **527 2168** or visit www.expressions.org.nz

16 > Watch a Movie at The Ascot

Seniors 60+ get discounted tickets at the movies – \$10 instead of the regular \$15.50 and \$8.00 on Tuesdays. See www.ascotcinemas.co.nz, the Upper Hutt Leader or telephone **528 5590** for current movie listings.

17 > Join an Art Class

Those with creative yearnings might enjoy picking up an art class at Archibald’s Art Supplies. Fees apply. Phone **939 2112** for more information.

18 > Upper Hutt Writers Group

Interested in writing and poetry? Upper Hutt Writers meet 10.30am on the second Sunday of each month to share, learn and inspire each other with members’ writing and poetry. Phone **526 9478** for more information.

19 > Poets Corner at Upper Hutt City Library

Poetry sessions are held in the Rotary Lounge bimonthly with Tony Chad. Come along, share and enjoy poetry with our local poet. Free and open to the public in the Rotary Lounge. Contact the library on **527 2117** or visit the website for details www.upperhuttlibrary.co.nz

Hobbies

20 > Take up a New Hobby

Ever wanted to try your hand at model making? Did you know there is an amateur radio club in Upper Hutt? There are a wide variety of hobby, crafts and games clubs in Upper Hutt. Contact Upper Hutt CAB to find something that suits you. Phone **528 9040** or email cabuppht@globe.net.nz

21 > Fly Fishing/Angling

The Hutt River is on our doorstep and what better way to appreciate its beauty and abundance than to stand in its cool waters and catch trout (or try to!). The Hutt Valley Angling Club is for people new to angling as well as experienced anglers. There are monthly meetings with guest speakers, fly-tying evenings, as well as river skills coaching. For more information email huttangler@hotmail.com, visit www.huttvalleyangling.org.nz, or phone Bill on **566 1181** or John on **934 4150**.

22 > Vintage Machinery Enthusiasts

Are you a vintage machine enthusiast? The Wellington Vintage Machinery Club salvages, preserves, restores and displays vintage machinery. The club meets in Mangaroa Valley, Upper Hutt on the 1st Monday of every month at 7.30pm. Club day is every 3rd Sunday of the month from 10:00am. For more information phone **526 9049**, email cresent@extra.co.nz or visit www.vintagemachinery.wellington.net.nz

23 > Gardening

Gardening groups are a way to learn and share gardening skills, as well as attend regular garden visits, bring-and-buy plant stalls and meetings with other people who love gardening. Upper Hutt Garden Circle welcomes new members. Meetings are at 1.30pm on the 2nd Monday of every month at Connections Hall, 541 Fergusson Drive. \$3 per meeting includes coffee and tea. Phone **528 2680** for more information.

24 > Animal and Pet Clubs

Many of us enjoy the companionship (and challenge!) of pets and other animals. Joining a pet or animal club is a great way to socialise with others while learning more about your animal(s). There are over 10 different animal clubs in Upper Hutt. Contact Upper Hutt CAB to find a club to suit you and your animals. Phone **528 9040** or email cabuppht@globe.net.nz

25 > Library Book Discussion Group

Ever read a thought provoking book and wanted to talk about the experience with others? The Library Book Discussion Group is for you! Come along to the Upper Hutt Library on the first Wednesday of every month (no meeting in January) for a stress-free discussion of books within a particular genre. Contact the library on **527 2117** or visit the website for details www.upperhuttlibrary.co.nz

26 > Card Games

Card games are a great way to keep your mind sharp and to socialise with friends. Set up a regular cards night/day with friends – each person can have a turn hosting at their house. For those that want something a little more structured you could join the Upper Hutt Bridge Club, phone **528 6038** and leave a message or email upperhuttbc@actrix.co.nz

27 > Scrabble

Scrabble enthusiasts get together to meet and play regularly on Thursdays between 1pm and 4pm. Scrabble Upper Hutt Cosmopolitan Club is an informal group that welcomes new members. Phone the Cosmopolitan Club on **529 0009** or Gail Brown on **971 9182** for more information.

28 > Games Night

Get a group of friends together or form a group in your neighborhood or church to set up a regular games time. Be creative! Try and play a wide variety of games such as classic board and card games, charades, team games, active puzzles and strategy games. Check out www.funandgames.org or www.group-games.com

29 > Library Knitting and Crochet Group

Come join the local ladies (lads welcome too!) each Sunday for a knitting and crochet session, all you will need to bring are the projects you are working on. This is a two hour session providing a warm, friendly place for lots of sharing, chat and relaxation. Every Sunday 1.30-3.30pm.

Contact the library on **527 2117** or visit the website for details www.upperhuttlibrary.co.nz



Let's Get Physical

30 > Bowling

Ever wanted to give bowling, petanque or croquet a try? There are a number of different clubs around Upper Hutt. Many of the clubs have club rooms so you can socialise while keeping active. Contact Activation for information about the clubs available in Upper Hutt. Phone **527 2113** or email activation@uhcc.govt.nz

31 > Start Dancing!

Upper Valley Dance is a sequence dancing club for older people. They aim to enable older people to socialise and keep fit in a friendly environment. Dances are held every second Friday at 7.30pm and occasionally on Sundays. Supper and prizes are even provided during evening dances! Admission \$5 and held at Upper Hutt School Hall, Martin Street. Phone **976 5227** for more information.

Upper Hutt Scottish Country Dance Club is a social dancing group providing fun, friendship and fitness. No partner required. Phone **528 5276** for more information.

English Country Dancing takes place on Mondays 1 – 2.30pm in St Margaret's Church Hall, Silverstream. All welcome. For more information, contact **971 5076**.

32 > Sit and Be Fit

Sit and Be Fit classes are great for people with reduced mobility. They're fun, social and get you moving to your own ability. Connections Community Centre hold classes on Tuesday mornings and Friday afternoons followed by a social cuppa. Gold coin donation. Phone **528 0980** for information.

Iona Sit Dancing Group meets Tuesday afternoons from 1.30pm-3pm for dance therapy and exercise sessions for the not-so-fit. Cost \$3 which includes afternoon tea. Based at the Iona Centre in Ebedentown. Phone **526 9675** for information.

33 > Upper Hutt Arthritis Exercise Group

A gentle exercise group for people with arthritis. They meet on the second and fourth Thursday of the month from February-November at the Hapai Club building. \$3 per session. Phone **970 5036** for information.

34 > Walking Groups

The Tuesday Trippers is a group of enthusiastic walkers who leave every Tuesday morning from Upper Hutt Cosmopolitan Club on Logan St to various walking tracks in the Wellington region, plus occasional trips away. Phone Bill on **971 5123** or Rod on **970 3042** for information.

Trentham United Harriers welcome walkers and runners of all abilities. Unwind in their clubrooms afterwards with new found friends. Phone Viv on **526 9305** or visit www.trenthamunited.co.nz for more information.

35 > Great Upper Hutt Walks

Riverbank Walk. The Hutt River Trail is a link from Birchville right down to Petone. Its full length is 29 km. Go down to the section of the river nearest to you, walk in either direction and enjoy one of the most prominent scenic sites in Upper Hutt, the river. For a nice easy loop to start you off, walk from Harcourt Park to Bridge Road. Cross the Akatarawa River and walk back along the trail to the footbridge that will take you over the river and back to Harcourt Park.

Tunnel Gully Walk. Head up to Tunnel Gully and have a walk through this historic Upper Hutt site. Named for its link with historic Rimutaka Railway between Wellington and the Wairarapa, Tunnel Gully features the 221m long Mangaroa Tunnel, built between 1875 and 1877. The tunnel's working life ended in 1955 when the new Rimutaka Tunnel was opened. The park is situated at the end of Plateau Road, Te Marua, Upper Hutt. There are a choice of tracks

including Tane's Track, Tunnel Track and Mt Climie. Lower Tane's Track is reasonably short and the more accessible of the walks. Just walk up to the access road, along to the tunnel & back to the car park.

Swing Bridge Track Kaitoke Regional Park. For the more able, walk the Swingbridge Track at Kaitoke Regional Park. For those just wanting a short walk there is a 10 minute Loop Track over the swingbridge. Finish up with a picnic in the beautiful Rivendell. Flat and sheltered, this is the ideal place to relax and enjoy the beautiful surroundings.

36 > Golf

What better way to unwind than to walk over gently rolling fields while playing a game of golf? Many people have theorised why golf is so addictive (that one defining shot that made you feel like a pro even if only for a moment, the scenery, the companionship...) but the only way to truly understand is to give it a go yourself. There are four main golf clubs in Upper Hutt and a driving range. Contact Activation for information about getting involved. Phone **527 2113** or email activation@uhcc.govt.nz

37 > Tai Chi for Seniors

Tai Chi is a series of gentle exercises that help relax the mind and the body. It also helps prevent falls by improving your balance. There are 9 different Tai Chi classes provided in Upper Hutt so there are plenty of options for finding a class that suits. Contact Activation for information about getting involved. Phone **527 2113** or email activation@uhcc.govt.nz

38 > Women's Wonder Aerobics

A gentle exercise group for women with relaxation time to Christian songs. The group meets every Tuesday morning from 10.30am-11.45am at St Mary's Anglican Church, Silverstream. \$3 per session. Phone **970 9455** for more information.

39 > Get Moving at H²O Xstream

H²O Xstream Aquatic Centre caters for everyone and there's plenty for seniors to do depending on your ability and activity level. Swim a few lengths, get moving with Aqua Jogging or running, or join in the social senior Hydrorobics sessions on Mondays and Wednesdays from 10.30-11.30am with free tea and coffee after. Enjoy a soothing and balanced Aqua Yoga session on Tuesday at 10am or relax anytime in the 15-seater spa pool, steam room and sauna. For the ladies there is Women Only Swim night on Sunday nights from 7pm.

Feel free to drop in anytime and one of their friendly members of staff will be happy to help or provide more information. Senior (60 years+) concession prices available. For more information phone **527 2113** or visit www.h2oxstream.com

40 > Zumba Gold

Zumba Gold is a lower intensity, innovative, fun and exciting class designed for the true beginner with routines that are easy to learn and follow. The same great Latin styles of music and dance are used and the class strives to improve your balance, strength, flexibility and most importantly, the heart. Saturdays, 10.30am at Anita's Dance Academy situated at 5 King Street. Social dancing also available, no partner required. Fees apply. For further information contact Anita on **527 0384** or **021 168 6115**.

41 > Dust off your Bicycle

Upper Hutt is great to bike around because of its mostly flat terrain and tranquil setting. Apart from getting around town on your bike, why not get some friends together and bike the Hutt River Trail from Harcourt Park to Silverstream.

Give your Time and Skills to your Community

42 > Volunteer

There is no better way to pass the time than to give of yourself. Do you have a special skill or an area of expertise? If so, use those skills and volunteer at an organisation that could benefit from your services. Volunteer Hutt matches volunteers with organisations looking for people with similar skills and interests. Phone **5666 786** or email lhutt@volunteerwellington.org.nz for more information.

43 > Coach a Sports Team

Lots of sports groups require coaching assistance. This is a great way to share your knowledge and give back to the community. It's also a great way to get out and about and stay active. Contact Activation for more information. Phone **527 2113** or email activation@uhcc.govt.nz

44 > Become a Visitor of Housebound or Isolated Older People

Some older people like the extra company of a regular visitor. Age Concern has a visiting service for older people and you could consider becoming a volunteer visitor. Age Concern Accredited Visiting Service phone **528 3366** or email avshutt@acwellington.org.nz

45 > Enjoy & Protect Your Local Environment

There are lots of ways to enjoy Upper Hutt's beautiful green environment and help keep it that way. Upper Hutt Forest and Bird run a native plant nursery, undertake regular tree plantings, host monthly meetings with interesting guest speakers and advocate for the protection of our local flora and fauna. Phone **970 4266** or email barry.wards@maf.govt.nz for more information.

If you're interested in energy, water, and food sustainability then Transition Towns hold regular meetings and educational seminars. They can be contacted on phone **528 8072** or email pvanb@clear.net.nz or visit www.transitiontowns.org.nz/upperhutt

46 > Volunteer English Language Tutor for Adult Migrants

Become a volunteer home tutor and help adult migrants with their English Language skills. A 25 hour training module is a component of a certificate in ESOL Home Tutoring. The training course is free but requires a commitment of 3-6 months for 1 hour a week tutoring on completion. For more information, contact English Language Partners Hutt, phone **570 1335**, email hutt@englishlanguage.org.nz or visit www.englishlanguage.org.nz



Brain Food

47 > Research your local or family history

Documenting family and local history is not only personally rewarding, but also creates a lasting treasure for others. The Upper Hutt Community Archive at the Library is a great place to start. The library has a wide collection of original historical material and photographs relating to the history of Upper Hutt. In addition to many books providing information on how to research family history, the Upper Hutt City Library also provides a list of digital resources on genealogy. Contact the library on **527 2117** or visit the website for further details www.upperhuttlibrary.co.nz

48 > Record Personal and Family Stories

Oral history is undergoing a renaissance as people rediscover the value of stories. Record your stories about growing up, significant events in your life and other family events. You can use a dictaphone or mp3 player to record yourself. Asking a grandchild or other young person to help can provide a meaningful opportunity to share your stories in both an immediate and lasting way. Please contact the library's Programmes & Services Team on **527 2182** for help on getting started. The Library is also happy to preserve your stories in its community archive.

Another idea for recording family history is to create a scrap book of special memories. Include family photos, special stories and mementos in a scrap book. This is a great way to keep your own memory active as well as creating a precious keep-sake for your family members.

49 > Brush up on your computer skills – from starting up to more advanced skills

Learn to know your way around a computer with other seniors. Senior Net is an incorporated society that provides computer courses for its members. Courses cater for beginners through to more advanced users. Members meet on the 1st, 2nd and 4th Tuesday of each month. For more information phone **529 7662** or **527 8806**.

Do you want to type a letter, create a document, send an email to your loved ones – all this is available at the PC Zone in the Upper Hutt City Library. Free computer workshops are held on a Thursday morning. Please register for these at the PC Zone Help Desk. The library can provide access to Facebook and other social networking sites to help you stay up to date with your grandchildren!

50 > University of the Third Age (U3A)

Hutt U3A believes that you're never too old to learn, enjoy new interests and make new friends. They hold monthly meetings with guest speakers as well as interest groups. Hutt U3A is part of the international U3A movement – learning co-operatives for older people. Contact the Hutt U3A President for more information, phone **569 6848**.

51 > Certificate in Adult Literacy

Keen to volunteer to help adults improve their reading, writing and numeracy skill levels? There is a comprehensive local training course available at no cost to trainee tutors. Commitments include attendance at an 80 hour training course, written assessments and a minimum of 20 hours tutoring. A great way to keep learning and give back to the community at the same time! For more information phone Read Write Plus on **528 0286** or visit www.literacy.org.nz

52 > Upper Hutt Toast Masters

Toastmasters provides a supportive, relaxed and fun environment to practice the art of speaking. For both seasoned speakers and people wishing to enhance their speaking skills. Meetings are held most Monday nights 7.30 – 9.30pm. Email upperhutt@toastmasters.org.nz or phone Keith on **976 3410** for more information.

53 > Give Your Weekly Meals a Make-over

Trying new recipes is fun and can be an adventure. The Upper Hutt City Library has a large collection of recipe and food books. "The Great Little Cookbook: hints and healthy eating on a tight budget" is a super recipe book available from Work and Income – talk to your case manager for a copy.

54 > Blueberry Picking in the Akatarawas

Remember all those delicious ways to eat bluberries? Blueberry pie, blueberry jam, blueberry tarts – the list goes on. Get some friends or family together and head up to the blueberry farm in the Akatarawas and pick enough to make heaps of tasty treats! This is a great activity to do with the grandkids as well. The Blueberry Farm 1229 Akatarawa Road Upper Hutt.

55 > Progressive Dinners

Get a group of friends together. With progressive dinners, each dinner course is hosted by different people at their houses. Once you've chosen which course each of you will be making, all there is left to do is set a date and enjoy the night. If you like playing cards or games, this could be done at a final destination with coffee and cakes. Progressive dinners can also be used as fundraisers – community or church halls can make good venues.

Places to Visit

56 > Silver Stream Railway...

Has three operation steam locomotives which are supplemented by several operational diesel locomotives and railcars. They specialise in hosting charters, rail fans events and re-creation goods trains. Heritage trains run ever Sunday 11am till 4pm. Admission to the site which allows you to ride the train as many times as you like is \$12 adult, \$6 child, \$29 Family. They are located on Reynolds Bach drive just off Eastern Hutt Road, Silverstream. For more information phone 563 7348 or visit www.silverstreamrailway.org.nz

57 > Maidstone Park Lookout

Soak in the views of our beautiful city from the Maidstone Park Lookout. You can walk up to the lookout from Maidstone Park. Or you can drive to the car park at the base of the lookout at the end of Seymore Grove. The lookout is a 180m walk from the car park.

58 > Great Galleries

Visit the Expressions Arts and Entertainment Centre galleries for inspiring exhibitions from local and national artists and enjoy a coffee at Cafe Cibo. Contact Expressions to find out what's on. Find out more about the world of art through regular floor talks by exhibiting artists and monthly visits on Tuesdays at 1pm by museums experts from Te Papa. Phone 527 2168 or visit www.expressions.org.nz for more information.

59 > Visit Scenic Akatarawa Cemetery

Akatarawa Cemetery not only provides an opportunity to visit loved ones that may be buried there but is also a pleasant visiting spot in its own right. The cemetery covers 11.29ha of land, with views over the valley. Each spring, cheery trees lining the road inside the cemetery form a spectacular display of pink and white blossoms. History buffs will find the military section in the cemetery of interest as well as some notable burial plots including NZ renowned architect James Chapman Taylor. For genealogist enthusiasts, there is an online cemetery database with burial information, headstone photographs and GPS locations of burial plots. The Sexton is also able to provide advice on where people are buried as well as responding to genealogy enquiries. A free door-to-door monthly bus service to Akatarawa Cemetery is operated by Gee and Hickton.

60 > Take a Super Gold Card Adventure

See how far you can travel in a day on your Super Gold Card! Feed the ducks in Days Bay, watch the planes coming and going at the airport, go for a stroll around the historical Karori Cemetery, visit Te Papa, enjoy an ice cream in Titahi Bay ... the possibilities are endless!



Handy Phone Numbers

Upper Hutt CAB
528 9040

Expressions Arts and
Entertainment Centre
527 2168

Volunteer Hutt
5666 786

Upper Hutt i-site Visitor
Centre **527 2141**

Upper Hutt Library
527 2117

Community Services
527 2794

H²O Xtream
527 2113

Upper Hutt City Council
main line **527 2169**

Activation
527 2113

