

G.O.L.D

Growing Old Living Dangerously

Six thrill seeking opportunities for Upper Hutt's mature residents over a six month period.

Try something new and exciting with like minded adventurous people.

Book now to secure your place



G.O.L.D

Growing Old Living Dangerously

Activation's GOLD (Growing Old Living Dangerously) programme has been designed to provide Upper Hutt's mature residents with a range of active opportunities that they may not otherwise partake in. Each day's activities are standalone meaning participants can pick and choose which activities they are interested in, without committing to the whole six month programme.

Activity Details

<p>Sunday 22 October Ride on a motorbike</p> <p>To the top of the Rimutakas! 10:30am</p> <p>Donation to charity Limited to 10 people</p> <p>Bookings Close 12pm, Friday 13 October</p>	<p>Saturday 11 November Try Target Shooting Upper Hutt 3:30pm</p> <p>Give target shooting a try, all equipment provided</p> <p>Cost: \$20 for 10 shots</p> <p>Bookings Close 12pm, Friday 3rd November</p>	<p>Saturday 9 December Gliding Upper Hutt Gliding Club , 10am—2pm</p> <p>Glider flights over the beautiful Hutt Valley includes BBQ lunch</p> <p>Cost: \$100pp Limited to 9 people</p> <p>Bookings Close 12pm, Friday 1st December</p>
<p>Wednesday 17 January Horse riding Thompsons Horse Centre From 1pm Limited to 6 people</p> <p>Cost: \$30pp</p> <p>Bookings Close 12pm, Wednesday 10 January</p>	<p>Friday 16 February 2018 Paddleboarding and Kayaking The Boat Shed, Days Bay 10am – 2pm Minimum 8– maximum 16 people</p> <p>Cost: \$30-\$35</p> <p>Bookings Close 12pm, Friday 9 February</p>	<p>Friday 16 March 2018 Winery Bike Tour Martinborough 10am –4pm Limited to 9 people</p> <p>Transport, lunch and wine tastings included</p> <p>Cost: \$140pp Bookings Close 12pm, Friday 9 March</p>

Registration Form

First Name: _____

Surname: _____

Gender: Male / Female

Phone: _____

Address: _____

Any medical conditions: _____

Emergency Contact Details:

Name: _____

Phone : _____

Activity

Sunday 22 October – Ride a Harley Donation

Saturday 11 November– Try target shooting Cost: \$20.00

Saturday 9 December– Gliding Cost: \$100.00

Wednesday 17 January– horse riding Cost: \$30

Friday 16 February–paddle boarding and/or kayaking Cost: \$30-\$35

Friday 16 march– Winery bike tour Cost: \$140

Total Cost: \$ _____

***Payment needs to be made at H²O Xtream reception before 12pm the Friday before scheduled activity—some activities have limited numbers.**

OFFICE USE ONLY

Amount Due: \$ _____

Payment Made \$ _____

Received By: _____

Date: _____

Other Info

- Bookings close 12pm the Friday before each scheduled activity– some numbers are limited meaning the sooner you book the better!
- Please meet 15 minutes before time indicated.
- Registrations are open to people aged 50 plus.
- Activation reserves the right to cancel any trip and refund payments due to low registrations or adverse weather conditions.
- Some events have a postponement date.
- All participants must complete a registration form and make payment to secure a place on an activity.
- Places on activities are limited so get in quick to secure your space.



For all enquiries please contact:

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activation
ACTIVE RECREATION